

SRI GURU GOBIND SINGH COLLEGE OF PHARMACY

HEALTH JYOT

Sector 26, Chandigarh

2019-2021

ਤੇਗ ਬਹਾਦਰ ਸਿਮਰਿਐ ਘਰ ਨਉ ਨਿਧਿ ਆਵੈ ਪਈ ॥



Sri Guru Tegh Bahadur Sahib Ji

Date of birth: 1st April 1621

Mother's name: Mata Nanaki Ji

Father's name: Sri Guru Hargobind Sahib Ji

Place of birth: Sri Amritsar Sahib

Wife's name: Mata Gujri Ji

Name of his son: Sri Guru Gobind Singh Ji

Date of his martyrdom: 11th November 1675 in Delhi



On the fateful day of 11th November, 1675, Guru Sahib was brought in a cage to Chandni Chowk, where he was beheaded by the executioner Jalal-ud-din (where now stands Gurudwara Sis Ganj).

By his supreme sacrifice, Guru Tegh Bahadur saved Hinduism from being devoured by Islam. When Lakhi Shah and other Sikhs arrived from Delhi with the sacred remains, the congregation declared: "Hail! Guru Teg Bahadur, 'Dharam di chadar' (protector of religion)." This peerless martyrdom is referred to in 'Bachitra Natak' (Tenth Guru's composition) in the following words:

ਤਿਲਕ ਜੰਵੂ ਰਾਖਾ ਪ੍ਰਭ ਤਾ ਕਾ ॥
 ਕੀਨੋ ਬਡੈ ਕਲੂ ਮਹਿ ਸਾਕਾ ॥
 ਸਾਧਨ ਹੇਤਿ ਇਤੀ ਜਿਨਿ ਕਰੀ ॥
 ਸੀਸੁ ਦੀਆ ਪਰ ਸੀ ਨ ਉਚਰੀ ॥੧੩॥
 ਧਰਮ ਹੇਤਿ ਸਾਕਾ ਜਿਨਿ ਕੀਆ ॥
 ਸੀਸੁ ਦੀਆ ਪਰ ਸਿਰਰੁ ਨ ਦੀਆ ॥

 ਤੇਗ ਬਹਾਦਰ ਕੇ ਚਲਤ ਭਯੋ ਜਗਤ ਕੋ ਸੋਕ ॥
 ਹੈ ਹੈ ਹੈ ਸਭ ਜਗ ਭਯੋ ਜੈ ਜੈ ਜੈ ਸੁਰ ਲੋਕਿ ॥੧੪॥

'He protected their 'tilak'(frontal mark) and 'janeu'(sacred thread);
 In this age of darkness, he performed a grand deed;
 He made the supreme sacrifice for the sake of faith.
 He gave his head but uttered not a groan.
 This martyrdom he endured to uphold righteousness.
 He gave his head but swerved not from his determination.

.....

The world was in mourning over the death of Tegh Bahadur;
 There was weeping for him in the whole world but rejoicing in paradise.'

Our Visionaries



S. Gurdev Singh Brar, IAS (Retd.)
President, Sikh Educational Society

The college has the privilege of being governed by Sikh Educational Society which works with the aim of disseminating education to build a committed and dynamic society and a strong *Aatamnirbhar* Bharat. The society was founded at Lahore in 1937 and is running a number of institutions in Chandigarh and Punjab. It comprises eminent educationists and persons from all spheres of life as its guides and custodians. Currently, it is being managed by S. Gurdev Singh IAS (Retd.), President, S. Kulbir Singh, (Retd.) Chief Engineer, Pb., Vice President, Col. (Retd.) Jasmer Singh Bala, Secretary, and S. Karandeep Singh Cheema, Joint Secretary. It is by virtue of their patronage, vision, guidance and commitment to society that the college is prospering & growing.



Col. (Retd.) Jasmer Singh Bala
Secretary, Sikh Educational Society



S. Kulbir Singh, Chief Engineer (Retd.)
Vice President, Sikh Educational Society



S. Karandeep Singh Cheema,
Jt. Secretary, Sikh Educational Society

The Principal Speaks



Mrs. Manvinder Kaur

These years were difficult, in fact very difficult due to the Covid-19 pandemic crisis. I would not like to count the innumerable problems arising due to it but I would like bring to your attention what it has taught us. It has made us all tech-savvy. Much new infrastructure has been added on all fronts to adapt you to the new online teaching mode. We, at college, have put in our best to develop your intellectual capabilities to the highest degree honing your professional competence. The credit of course goes to our worthy management for providing excellent infrastructure and to our teachers for the hard work put in by them. The virtual learning experience has been new to all and I hope you have enjoyed it. We have all missed the physical teaching but the good thing is inspite of these dire circumstances, we were all connected. We have all gone through some very difficult weeks and months in these years but have faced the challenge with incredible courage. I am very proud of you for doing so well during these pressing times. Continue working hard and give your best to the society.

ਸ਼ੁਭ ਕਰਮਨ ਤੇ ਕਬਹੂੰ ਨ ਟਰੋਂ

I wish you all the very best in life.

College profile

Named after the Tenth Guru of the Sikhs, **Sri Guru Gobind Singh Ji**, Guru Gobind Singh College of Pharmacy was established in 1982 by the Sikh Educational Society. The college is offering two courses, Diploma in Pharmacy with an annual intake of 60 students and Diploma in Medical Lab Technology with an intake of 120 students. The college is affiliated to Punjab State Board of Technical Education and Industrial Training and approved by All India Council of Technical Education. The Diploma in Pharmacy is recognised by Pharmacy Council of India. The college has progressed well to become a premier Pharmaceutical Institute in the region over the years. Experienced and dedicated workforce of the college work very whole-heartedly delivering high professional competence in the students.



Our mission

The College Emblem carries the symbol of 'Pen and Sword' signifying combination of wisdom and valour with the latter guarding the 'Flame of Knowledge'.

At its top is inscribed the college motto-

ਮਾਨਸ ਕੀ ਜਾਤ ਸਭੈ ਏਕੈ ਪਹਿਚਾਨਬੋ

Recognise all mankind as one

and at the bottom is engraved the college goal-

ਸ਼ੁਭ ਕਰਮਨ ਤੇ ਕਬਹੂੰ ਨ ਟਰੋਂ

May I never deter from doing good deeds !

The mission of the college is promotion of healthcare education for the service of mankind.

The Editor Speaks

Warm greetings to all from the editor's desk. We are all going through very unprecedented situation. Covid-19 crisis has affected us all, our life, our economy, our very living style, our studies, virtually everything. A true Renaissance, from inside our locked homes, behind masks, in front of laptops and computers, we have embraced change and adversity like we could never imagine. We missed badly on many vital things, but still fared well. Nevertheless, we have all learnt many new things. If we missed practicals of lab, we learnt important practicals of life. We have tried to mend the cracks created by the pandemic by adapting to new technology clubbed with creativity. Let us all rise, leave pandemic behind, heal the wounds, repair the broken and transform to our better self and be part of the new world free from the deadly disease and suffering. We, here at college have tried to impart the education turning you into excellent professionals and fine human beings high in character. Adequately equipped, you can venture into a successful and a fruitful career for yourself and in today's world, there is ample opportunity for you. Give your best to the world and society as a frontline healthcare warrior.

Best of luck.



Mrs. Ravneet Kaur

Infrastructure

The college campus boasts of excellent infrastructure with two three-storeyed buildings housing 8 spacious modern lecture halls, equipped with latest multi-media facilities, nine laboratories equipped with the latest equipments and facilities and a state-of-art sophisticated computer lab, recently upgraded to combat present day Covid-19 crisis. It has the latest computers, cameras, multi-media facilities, Wi-Fi internet for conducting online teaching and examinations. The college also has an impressive Museum with an extensive collection of medicinal plants, drugs and models. The college also has a huge library with more than 14000 books, Wi-Fi and browsing facilities. It has subscription of NDLI with library club holding seminars, talks and various activities in collaboration with them.

As a boost to our infrastructure, the construction of ramp was started and is nearing completion. Also a community pharmacy lab is being introduced. An effort is being made to make it a digital campus by upgrading the various equipments and technology.



Bhai Kanhaiya Health Care Centre.

Started in 2011, a free health care facility named after Bhai Kanhaiya Ji who was known for his selfless service on the battlefield, is available on the campus. It provides medical help and emergency first aid services to staff and students of all the SES Institutes. Headed by Dr. R.K. Kapathia, the facility is available round the clock. A Community Pharmacy Clinic is being introduced this year which will provide training to our students & guide the patients on appropriate usage of medicines and management of the diseases.



Academics

These years examinations were different from conventional exams but our students as always performed well. We applaud the sincere efforts and hard work put in by our students yielding excellent results. The results also reflect the diligence and dedication of our faculty who work tirelessly giving individual attention to each and every student.

Dec 2018 Results

DMLT 1st Semester



Yogita Chaswal



Babita



Moumita Acharya



Mina Khanal

Name

Yogita Chaswal
Babita
Moumita Acharya
Mina Khanal

Rank in Board

1st
2nd
2nd
5th

Rank in College

1st
2nd
2nd
3rd

Dec 2018 Results**DMLT 3rd Semester**

Harshpreet



Pooja Bista



Abhishek Attri



Neetu Devi

Name	Rank in Board	Rank in College
Harshpreet	1st	1st
Pooja Bista	2nd	2nd
Abhishek Attri	5th	3rd
Neetu Devi	5th	3rd

Dec 2018 Results**DMLT 5th Semester**

Shriya Sharma



Himani



Priya Pandey

Name	Rank in Board	Rank in College
Shriya Sharma	6th	1st
Himani	7th	2nd
Priya Pandey	8th	3rd

May 2019 Results**DMLT 2nd Semester**

Mina Khanal



Yogita Chaswal



Moumita Acharya



Babita

Name	Rank in Board	Rank in College
Mina Khanal	2nd	1st
Yogita Chaswal	4th	2nd
Moumita Acharya	4th	2nd
Babita	6th	3rd

May 2019 Results**DMLT 4th Semester**

Abhishek Attri



Harshpreet



Pooja Bista

Name	Rank in Board	Rank in College
Abhishek Attri	1st	1st
Harshpreet	3rd	2nd
Pooja Bista	6th	3rd

May 2019 Results**DMLT 6th Semester**

Shriya Sharma



Priya Pandey



Ronika

Name	Rank in Board	Rank in College
Shriya sharma	11th	1st
Priya pandey	12th	2nd
Ronika	14th	3rd

Dec 2019 Results**DMLT 1st Semester**

Priya Kapoor



Deepa



Aniket Thakur

Name	Rank in Board	Rank in College
Priya Kapoor	1st	1st
Deepa	2nd	2nd
Aniket Thakur	3rd	3rd

Dec 2019 Results**DMLT 3rd Semester**

Sweety Parmar



Mina Khanal



Sahil Patial

Name**Rank in Board****Rank in College**

Sweety Parmar

2nd

1st

Mina Khanal

3rd

2nd

Sahil Patial

4th

3rd

Dec 2019 Results**DMLT 5th Semester**

Abhishek Attri



Harshpreet



Pooja Bista



Neetu Devi

Name**Rank in Board****Rank in College**

Abhishek Attri

5th

1st

Harshpreet

5th

1st

Pooja Bista

6th

2nd

Neetu Devi

8th

3rd

Feb 2021 Results**DMLT 1st Semester**

Siya Sharma



Rupinder Kaur



Tanvi

Name**Rank in College**

Siya Sharma

1st

Rupinder Kaur

2nd

Tanvi

3rd

Feb 2021 Results**DMLT 3rd Semester**

Deepa



Aryan Bhotra



Priya Kapoor

Name**Rank in College**

Deepa

1st

Aryan Bhotra

2nd

Priya Kapoor

3rd

Feb 2021 Results**DMLT 5th Semester**

Laxmi



Mina Khanal



Harsh Kumar



Dixit Sharma

Name**Rank in College**

Laxmi

1st

Mina Khanal

2nd

Harsh Kumar

3rd

Dixit Sharma

3rd

June 2021 Results**DMLT 2nd Semester**

Rupinder Kaur



Siya Sharma



Tanvi

Name**Rank in College**

Rupinder Kaur

1st

Siya Sharma

2nd

Tanvi

3rd

June 2021 Results**DMLT 4th Semester**

Deepa



Priya Kapoor



Lakshika

Name**Rank in College**

Deepa
Priya Kapoor
Lakshika

1st
2nd
3rd

June 2021 Results**DMLT 6th Semester**

Laxmi



Mina Khanal



Yogita Chaswal

Name**Rank in College**

Laxmi
Mina Khanal
Yogita Chaswal

1st
2nd
3rd

May 2019 Results**D. Pharmacy 1st Year**

Simran Kaur



Jayesh Chaudhary



Komalpreet Kaur

Name**Rank in College**

Simran Kaur
Jayesh Chaudhary
Komalpreet Kaur

1st
2nd
3rd

May 2019 Results**D. Pharmacy 2nd Year**

Abdul Kadir



Priyanka



Nitin Goyal

Name**Rank in College**

Abdul Kadir
Priyanka
Nitin Goyal

1st
2nd
3rd

May 2020 Results**D. Pharmacy 1st Year**

Sophie Sodhi



Khushi Malik



Ayush Bhatt

Name**Rank in College**

Sophie Sodhi
Khushi Malik
Ayush Bhatt

1st
2nd
3rd

May 2020 Results**D. Pharmacy 1st Year**

Simran Kaur



Jayesh Chaudhary



Muskan

Name**Rank in College**

Simran Kaur
Jayesh Chaudhary
Muskan

1st
2nd
3rd

May 2021 Results

D. Pharmacy 1st Year



Akansa



Laxmi



Aarti

Name

Akansa
Laxmi
Aarti

Rank in College

1st
2nd
3rd

May 2021 Results

D. Pharmacy 2nd Year



Sophie Sodhi



Khushi Malik



Daddan Kumar

Name

Sophie Sodhi
Khushi Malik
Daddan Kumar

Rank in College

1st
2nd
3rd

National Pharmacy Week 2019



58th National Pharmacy Week was celebrated with the entire Pharmaceutical Fraternity on the

Theme: Pharmacist-Your Medication Counsellor

A three day workshop was organised in collaboration with Regional Centre for Entrepreneurship Development (RCED). The keynote address was delivered by S. Paramjit Singh, Principal Consultant, RCED, introducing the students to various aspects of entrepreneurship. Many more sessions were held where speakers well known in their specialised fields imparted valuable information and guided the students on various subjects. It was a very comprehensive out-of-classroom practical, educative experience where all the students and staff participated enthusiastically to make it a great success.

During Covid, 59th National Pharmacy Week 2020 was celebrated on the

Theme: Pharmacist- Front Line Health Professional.

In the year 2021, 60th National Pharmacy Week was celebrated on the

Theme: Pharmacist- an Integral Part of Health Care.

During lockdown also, in these years, National Pharmacy Week was celebrated through online seminars, Pharmacy quiz and poster-making competitions.

FOND REMEMBRANCE



Mrs. Jaswinder Kaur

*From the day one as she walked in
Brimming with energy she joined
As lecturer in 1984 to be promoted as Principal in 1994
of the budding Sri Guru Gobind Singh College of Pharmacy.
Nurtured and cared for it, toiled very hard
Saw it bloom to its present status
Worked through these 37 years of service
Diligent in work, meticulous and Thorough
Visionary to lead on path of Glory
Soft hearted and compassionate a wonderful soul
Each college corridor and classroom carries your scent
From smile to laughter or be it a command
We see it here, we see it there, all the while
And when a void envelops us all
The bitter truth dawns on us
Our golden lady has left us forever
Breaking our heart, leaving us, shaken all
Forever shall we miss you and remember you.*

SEMINARS/WORKSHOPS/TRAINING PROGRAMS FOR FACULTY

1-Day Seminar on World Cancer Day was attended by Mrs. Shalini Bajaj, Mrs. Vandana Pathania, and Mr. Rakesh Kumar Rana at GMSH-16, Chandigarh.

1-Day Workshop on "SBI Related Schemes" was attended by all staff members of Pharmacy and Medical Lab Technology at SGGGS College of Pharmacy Sector 26, Chandigarh.

4-Days Workshop on "Role of Pharmacist Towards Healthy India" was attended by Mrs. Anju Batra, Mrs. Neeta Kumar, Mrs. Manvinder Kaur, Mrs. Ravneet Kaur, Mrs. Reetu and Mrs. Ruby Rani at SGGGS College of Pharmacy, sector-26, Chandigarh.

2-Days Conference "Towards Aids Free World" was attended by Mrs. Nitu Rana, Mrs. Shabana at Dr. P. N. Chhuttani Memorial, IMA Complex, Sector 35, Chandigarh

7-Day Faculty Development Programme on UHV sponsored by AICTE was attended by Mrs. Manvinder Kaur, Mrs. Ravneet Kaur at Panjab University, Chandigarh.

2-Day workshop on NBA Accreditation sponsored by AICTE was attended by Mrs. Manvinder Kaur, Mrs. Ritu Nandwani, Mrs. Shalini Bajaj at Chandigarh College of Architecture, Sector 12D, Chandigarh.

1-Day workshop on Approval Process 2020-21 was attended by Mrs. Manvinder Kaur at Main Auditorium, AICTE Head Quarter, New Delhi.

1-Day workshop on "Substance Abuse Prevention & Control" was attended by Mrs. Manvinder Kaur, Sr. Lecturer, (Pharmacy) at UT Guest House, Sector 6, Chandigarh.

5-Days Seminar on Pharmacy Education was attended by Mrs. Reetu, Mrs. Ruby Rani at National Institute of Technical Teachers Training & Research, Sector 26, Chandigarh.

A seminar on "Sexual Harassment of women at work place, Act 2013 & Gender Issue" was attended by Mrs. Manvinder Kaur at ICSSR Hall, PU, Chandigarh.

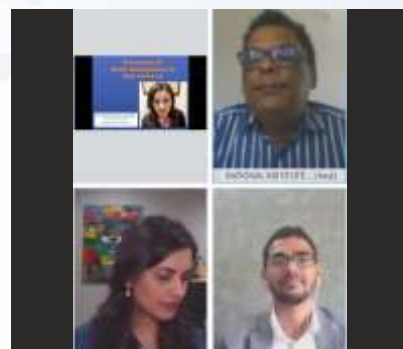
A seminar sponsored by Amrit Foundation in Collaboration with PGI, Chandigarh on Cancer Awareness was attended by All female staff members at Multipurpose Hall, SGGGS College, Sector 26, Chandigarh.

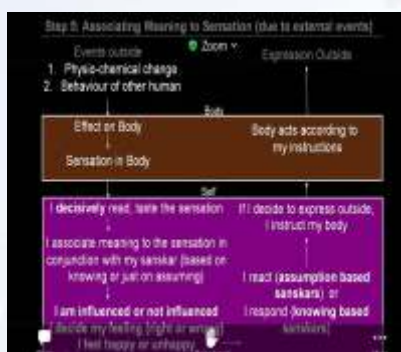
A 3-Days workshop on Entrepreneurship Development was attended by All Pharmacy Staff at SGGGS College, Sector 26, Chandigarh.

1-Day Entrepreneurship & Rural Development Conclave was attended by Mrs. Ravneet Kaur, Mrs. Ritu Nandwani at National Institute of Technical Teachers Training & Research, Sector 26, Chandigarh.

7-Day Faculty Development Programme on UHV sponsored by AICTE was attended by Mrs. Shalini Bajaj, Mrs. Ritu Nandwani, Mr. Yogesh Kumar at Panjab University, Chandigarh.

1-Day Seminar on "New Education Policy on Technical Education and its challenges" was attended by Mrs. Manvinder Kaur, Mrs. Shalini Bajaj at National Institute of Technical Teachers Training & Research, Sector 26, Chandigarh.





Performance Indicators Code (PI Code)

Program Outcome Number	Competency Number	Performance Indicator Number
1	2	1
2	1	3

An online training programme was attended by Mrs. Manvinder Kaur on AICTE-AQIS schemes on Faculty Development.

An online seminar was attended by Mrs. Reetu on Internship opportunities for students from Government Sector.

2-Days online Workshop on “Child Centered Disaster Risk Management” organised by Mahatma Gandhi State Institute of Public Administration, Setor 26, Chandigarh was attended by Mrs. Ravneet Kaur, Mrs. Ritu Nandwani, Mrs Reetu, Ms. Maninder Kaur and Mrs.Harpreet Kaur.

An online seminar organized by National Institute of Disaster Management on “Prevention and home management of mild cases of Covid 19” was attended by Mrs. Ravneet Kaur.

An online 5 Days Faculty Development Programme on “Advances in Pharmacy Education”organised by NITTTR, Chandigarh ,was attended by Mrs. Manvinder Kaur, Mrs. Ravneet Kaur and Mrs. Kashish.

An online 5 Days FDP on “Waste Technology” organised by ATAL Academy was attended by Mrs. Reetu and Mrs. Ruby Rani.

An online 5 Days FDP sponsored by AICTE on Universal Human Values was attended by Mrs.Nitu Rana and Mr. Durgesh Nagi.

3-Days online training programme on “ Community Based Disaster Risk Management for Northern States”, organized by NIDM , was attended by Mrs. Shalini Bajaj,Mrs. Ritu Nandwani and Mrs. Kashish ,Mrs Ruby Rani, Mrs Neeta Kumar.

An online 5 Days FDP sponsored by AICTE on Universal Human Values was attended by Mrs. Deepmala Mishra and Mrs.Ruby Rani.

An online Seminar on AICTE Initiatives Approval Process Handbook 2021-2022 was attended by Mrs Manvinder Kaur.

An online 5-Days FDP sponsored by AICTE on Universal Human Values was attended by Mrs. Neeta Kumar.

A 4-Days online workshop on “AICTE Initiatives : Examination Reforms” was attended by Mrs Manvinder Kaur and Mrs. Ravneet Kaur.

An online seminar on Curtain raising of approval process for Academic year 2021-22 was attended by Mrs Manvinder Kaur.

An online 1-Day Seminar on Young Warrior Movement for NSS was attended by Mrs. Ritu Nandwani.

An online 1-Day Seminar on Curriculum Development Process was attended by Mrs. Shalini Bajaj.

An online seminar on NDLI Orientation was attended by all staff members.

An online talk session on” Portrayal of Women in Media and Films” was attended by Ms. Maninder Kaur.

An online Seminar organized by NIDM on “Reopening of Educational Institutes: Ensuring safety of students” was attended by Mrs. Ravneet Kaur.

An online Seminar on occasion of International Blood Donation Day was attended by Mrs. Nitu Rana and Mr. Yogesh.

An online 1-Day Workshop organized by AIDSCON on Awareness of HIV AIDS And Tuberculosis, was attended by Mrs. Nitu Rana.

An online seminar on AICTE Approval Process 2022-23 was attended by Mrs. Manvinder Kaur and Mrs. Ravneet Kaur.

An online 5-Days FDP sponsored by AICTE on Universal Human Values was attended by Mrs. Vandana Pathania and Mrs Reetu.

An online seminar on Special Summary Revision of Electoral Roll 2022 was attended by Mrs. Ritu Nandawani.



LECTURES/SEMINARS/WORKSHOPS FOR STUDENTS

Mr. Gur Mehar Singh , Forever Company, “Career in Multilevel Marketing”.

Mr. Yogesh, lecturer (DMLT), delivered a Motivational lecture on “Social Responsibilities”.

Mr. Sunil Panghal, Project Assistant, State AIDS Control Society, delivered a lecture on AIDS and its fallout

Mr. Akash Medhavi, Institutional Sales Executive (Calyx COP), delivered a lecture on “Go Digital, Data Management ‘

Dr. Firuza Patel, delivered a lecture on ‘Various aspects of Cancer and its management”.

Mrs. Vandana Pathania, lecturer (MLT) delivered a lecture on “Communal Harmony”.

Mr. Paramjeet Singh, Principal Consultant, RCED, delivered a lecture on “Entrepreneurship as a Career Choice”.

Mr. Tarun Kumar Banerjee, language expert (RCED), delivered a lecture on “Say the right thing, right way”.

Mr. Balbir Singh, RCED, delivered a lecture on “Goal Setting”.

Mr. Harkirat Singh (PNB) delivered a lecture on “Current Banking Schemes”.

Mrs. Ravneet Kaur, Sr. lecturer (Pharmacy) delivered a Motivational lecture on “Become a Good Responsible Citizen”.

Mr. Bhupinder Singh , Head Constable and Mr. Rajiv, Constable, delivered a lecture on “Traffic Awareness”.

Mrs. Anuradha Tondon , Datri Foundation and Mrs. Neha Sharma, Mohan foundation, informed students about “Stem Cell awareness and Organ Donation”.

Sister Neha, Brahma Kumari, delivered a lecture on “Stress Management”.

Mr. Sushil Tonk, Red Cross Society, UT (Chandigarh) ,delivered a lecture on “First Aid Awareness”.

Mr. Bikram Rana, State liaison Officer, UT, Chandigarh, delivered a motivational lecture on “Not me, But you”.

Mrs. Ravneet Kaur, Sr. lecturer (Pharmacy), delivered a lecture on “Clean Water, Save Water”.

Mrs. Vandana Thakur, State Entomologist, enlightened students on “Victor Borne Disease”.





Mr. Sanjeev Kumar, Jr. Lab Technician, delivered a lecture on "Flow Cytometry (MLT)".

Ms. Bhawna Garg, Wellness coach (Motivational Speaker), delivered a lecture on "Mental Health and Well Being".

Dr. Ravindra Nandekar (Diabetes Specialist) delivered a lecture on Types of diabetes and their management.

Ar. Renu Khanna, delivered an inspirational lecture on "Architecture of Happiness and Success".

Mr. Abhijeet Bhattacharya, International Volley Ball Player, Former Indian Volleyball Team Captain, enlightened students about "Importance of Physical Fitness".

Dr. Pankaj Kaul, Senior Technologist, PGIMER, Chandigarh, delivered a lecture on "Bio Medical Waste Management".

Dr. R.K. Kapathia, Sr. lecturer (Pharmacy), ENT Specialist, informed students about "Covid-19: Myths, Prevention and Management".

Ms. Manpreet Kaur, Student Counsellor delivered a lecture on "Psychological Distress among students: Anxiety and Depression".

Ms. Janya Kapahi, delivered a lecture on "Stubble Burning and Air Pollution".

Mr. Gaurav Singh, Faculty, FDDI, Banur, delivered a lecture on Career Counselling.

Mr. Sushil Tonk, State Supervisor, Red Cross Society, U.T. delivered a lecture on First Aid Awareness.

Ms. Neha Sharma, Mohan Foundation, delivered a lecture on Organ Donation.

Ms. Shambhavi, Right Access conducted a CPE Program: Introduction & Enrollment on Right Access.

Dr. R.K. Kapathia, Sr. Lecturer (Pharmacy) delivered a lecture "on Student, Health and Nutrition".

Mr. Sushil Tonk (training supervisor, Red Cross Society UT) conducted 3-Day Training Program on First Aid.

Dr. Payal Mittal, Lecturer, Chandigarh University, delivered a lecture on Career in Pharmacy.

Mr. Subhash, Edwise International, Bombay, delivered a lecture on Scholarship and Financial Guidance to Study Abroad.

Ms. Chanmeet Kaur, Right Access, conducted a CPE program for Pharmacist: Introduction and enrolment to Right Access.

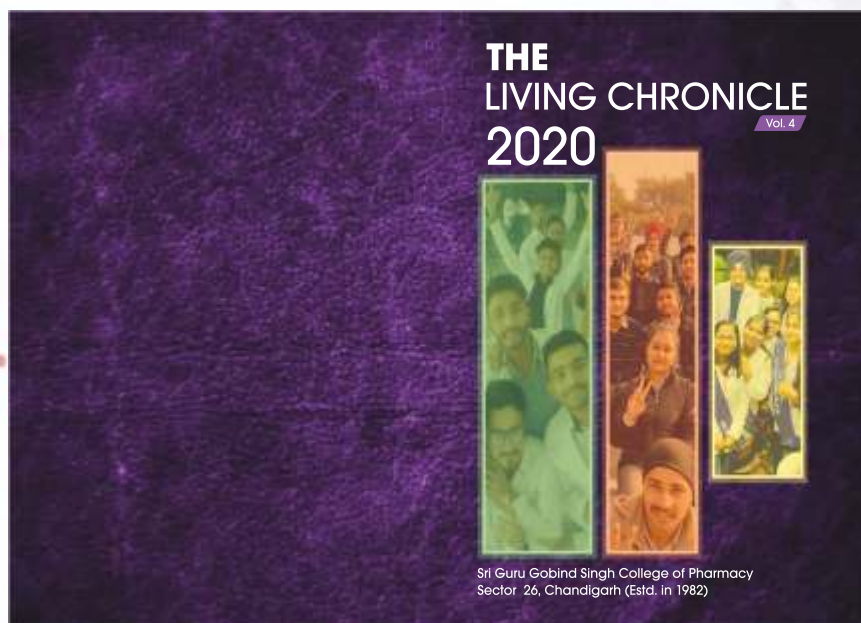


Pharmacy Day Celebrations

Pharmacy Day was celebrated on 25th September, along with the entire Pharmaceutical fraternity to spread awareness on the role of pharmacists and the safe use of medicines. A poster-making competition and slogan-writing competition were held to mark the event.

The Living Chronicle

We are extremely fortunate to have been blessed with the opportunity of celebrating the 400th Prakash Utsav of Sri Guru Tegh Bahadur ji. To mark the occasion, we in our humble way, brought out the fourth issue of the College Yearbook, The Living Chronicle, Vol. 4, 2020. It contains a colourful and an eloquent pictorial of the students' very special memories in the college as etched in their minds and enshrined in their hearts which stand immortalized in its pages.



Extra Curricular Activities

With all locked in homes, behind the masks, students stayed at home, always online visiting class after class. With study at home, no educational tours, no annual functions, no farewell and welcome parties, these years were dull and gloomy. But the fun never stopped. Online activities and competitions kept the students busy, chiseling their creative side. Online Mehandi, salad-making, rangoli, singing, dancing & poetry competitions were held. The students participated with great enthusiasm and didn't miss their daily dose of entertainment.



NATIONAL SERVICE SCHEME

The college NSS Cell comprising 200 volunteers undertook a number of activities under the guidance of their mentors NSS Programme Officers, Mrs. Ritu Nandwani & Mrs. Reetu. Guided by the Motto, "Not Me, But You," they worked selflessly for the betterment of society. During the session, volunteers participated in many activities like Patriotic Singing, Tree Plantation, Card Making, Cleanliness Drives, Sadbhavna Diwas, Drug De-addiction, Teacher's Day, Teej celebrations, Youth Day etc. The volunteers under the guidance of state NSS cell participated in various awareness campaigns on Covid-19 and its management. A week long special NSS Camp was organized at the college. A number of activities like Yoga Sessions, Aerobics Sessions, Lecturers on Road Safety by Traffic Police Department, Awareness Campaigns were organised. Various competitions like Rangoli, Poster Making Poetry Recitation etc. were organised to add color to day-to-day laborious routine of the volunteers. Self-defence training sessions were conducted in collaboration with Chandigarh Police. The volunteers educated the masses on 'Best out of waste' giving them how to reduce and manage garbage. The week culminated with a colourful cultural bonanza enjoyed by all.



Red Ribbon Club

Red ribbon club under the leadership of Mrs Nitu Rana is being run in the college. These years though the students could not be physically present yet they actively participated in various state level functions and activities. Various online seminars and talks were conducted at college level, sensitizing the youth about the deadly disease and its consequences. Various online competitions, poster-making, face-painting, and slogan-writing were organised. An award of excellence was given to the college club by AIDSCON Society for its contribution in creating awareness about the deadly disease.



INDUSTRIAL VISIT

Keeping pace with changing and emerging trends in the world we keep on upgrading the knowledge and skills of our students. Recent times have been dominated by covid pandemic. So all industry particularly the healthcare industry has oriented itself to solving such problems and the focus has shifted towards Herbal World or the Ayurvedic System of medicine. The students visited an exhibition organised by Ministry of Ayush, Government of India, on Ayurveda day 2021 creating awareness on safer management of diseases through Ayurvedic medicines, more needed today than ever before. They also visited The Botanical Garden at Sarangpur and enjoyed and gained knowledge on diverse flora of the region. The garden had a section dedicated to medicinal plants, cactus, ferns, nutritious plants, aquatic plants and various other plants. The students also visited various Ayurvedic Dispensaries and Ayurvedic Pharmacies to gain knowledge on the indigenous system of medicine.



Sports Day



'All work and no play, makes jack a dull boy' highlights the importance of sports, cultivating many positive attributes, health and fitness, tactics and adaptability, discipline and teamwork, perseverance and leadership, fair play and above all sports man spirit. To help students inculcate these valuable attributes annual sports meet was held on 6th February 2020. S. Gurdev Singh, President, Sikh Educational Society, was the Chief Guest. Various inter and intra-class matches of indoor and outdoor games were organised during the session. The Chief Guest gave away 200 medals and trophies to the winners of various races and field events. As the famous saying goes, "Winners win, Winners lose, but Winners play". All participated with great enthusiasm engulfed in the environment of healthy excitement and joy. Roshan from D Pharmacy and Monica from DMLT were adjudged the best athletes of the year.



Achievements

This year, the entire nation is celebrating 75 years of independence as Azadi Ka Amrit Mahotsav. As part of celebrations, State Bank of India on the occasion of Teachers Day honoured Mrs. Ravneet Kaur, for her contribution in the field of imparting Pharmaceutical Education. A Certificate of Excellence was given to her by Col.(Retd) Jasmer Singh Bala, Secretary, Sikh Educational Society. Our former students, Laxman (D Pharm) and Balpreet Kaur were honoured by the State Government, the former for administering maximum number of Covid vaccination jabs and the later for exemplary Covid duty. Truly a matter of pride for all of us. An Award of Excellence was given to the college Red Ribbon Club by AIDSCON Society for excellent contribution in creating awareness on AIDS in the society.



Fresher Party



- In the year 2020, seniors welcomed the freshers online to the college. Singing and dancing competitions were organized for them. Videos of electrifying performances were uploaded and enjoyed by all. In the year 2021, students were lucky for the college opened for some time and a fresher party was organized. Young girls & boys, all Seniors & Juniors were dressed aptly like showstoppers displaying a collection, bringing out the spirit of fun & frolic to life.

Farewell Party ... Yaad Aayenge

“Old order changeth yielding place to new,
lest one good custom corrupts the world.”

An online party - a new concept emerged. It's a different world - the digital world

“You will always be in our hearts”. With tears and heavy hearts, juniors bid farewell to the outgoing seniors. their friends and guides, saying goodbye and thank you, while wishing them good luck and success.

Alumni Association

The college swells with pride, whenever there is a mention of our Alumini. We have a strong and active Alumini Association comprising more than 7000 members. They regularly interact with each other and the institute, participate and organise CPE programs, brushing and updating their professional skills. Worth-mentioning here, is the role of our Alumini in managing the pandemic Covid-19. Whether as a hospital pharmacist, retail pharmacist or employed with Pharmaceutical Industry, Laboratory technologist employed with Govt. or private lab- all played a pivotal role as frontline warriors. We are grateful to you all for taking care of all and contributing for the betterment of society, especially during difficult times. United we stand, working towards the common college goal.

ਸ਼ੁਭ ਕਰਮਨ ਤੇ ਕਬਹੂੰ ਨ ਟਰੋਂ





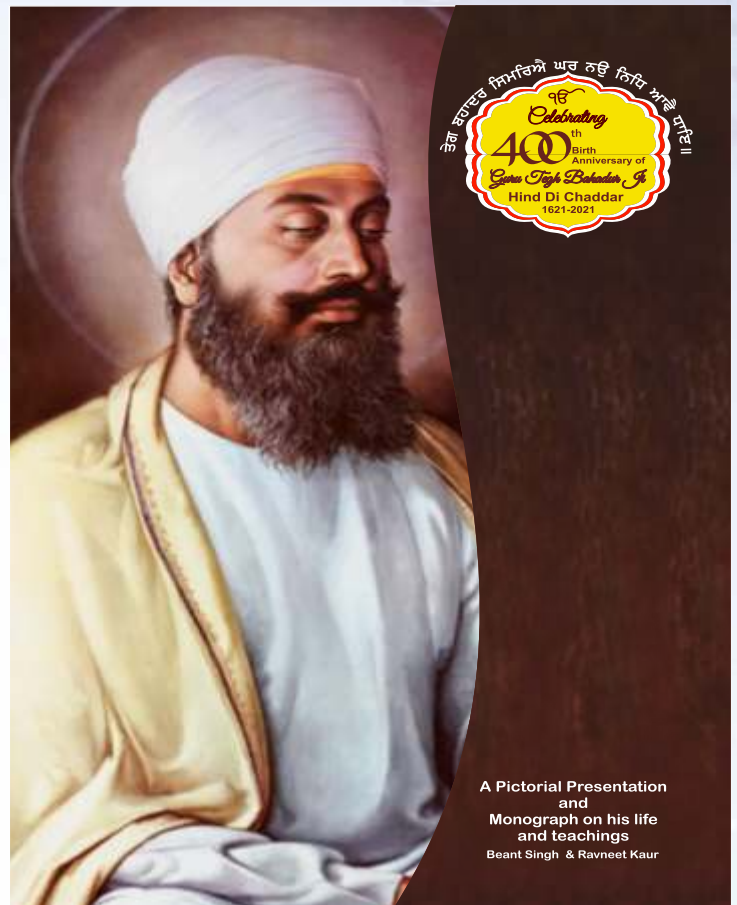
Placement News

One thing that was excellent during this covid years was our placements. As the need of healthcare professionals sore during the pandemic, our students were in great demand. The placement cells of the college headed by Mrs Ritu and Mrs Nitu Rana for pharmacy and MLT respectively were exceptionally busy. We are proud of our students, especially trainees posted in various hospitals and labs. They were the true frontline warriors during the pandemic. Be it taking a covid sample or attending to covid patients, giving them injections, administering drugs or oxygen, they did it all. Truly grateful to you, dear students, for your dedicated service. In pharmacy during the year 2020, 13 students opted for higher studies, 21 students took jobs as pharmacists in various hospitals & organisations, 2 were elected as medical representatives in multinational pharmaceutical houses while 5 students started their own retail pharmacies. In the year 2021, 20 students went for higher studies, 4 joined pharmaceutical industry as medical representatives, 20 students took the job of pharmacists in various hospitals and pharmacies and five started their own chemist shops. In MLT, in the session 2020-21, 84 students were selected in various hospitals and labs and 48 students went for higher studies. In the session 2021-22, 60 students opted for higher studies while 56 students were placed in various hospitals / labs in the tricity.





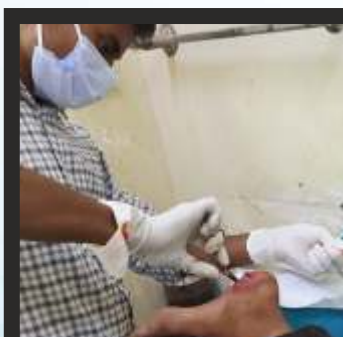
Celebrating 400th Birth Anniversary of Sahib Sri Guru Tegh Bahadur Ji, a book, "Pictorial Monograph on Life and Teachings of Sahib Sri Guru Tegh Bahadur Ji" authored by Prof Beant Singh and our senior lecturer Mrs Ravneet Kaur was released. A Sukhmani Sahib path was also organised to mark the occasion followed by Kirtan and Langar.



Celebrating 75 years of Independence, motivated by Government various activities under Azadi Ka Amrit Mahotsav were carried out. To name a few, Fit India Movement, Ek Bharat Shreshth Bharat have been started. It is a unique initiative of the Government, Ministry of Human Resource Development to promote Unity in Diversity. Our Union Territory has been clubbed with Dadar and Nagar Haveli and our students showed great interest and enthusiasm in learning the culture of the state. Various activities conducted under this include, Formation of Wall of Unity, folk dance competition, language learning, cuisine competition, learning their art and craft especially Worli painting, attire of the state competition.

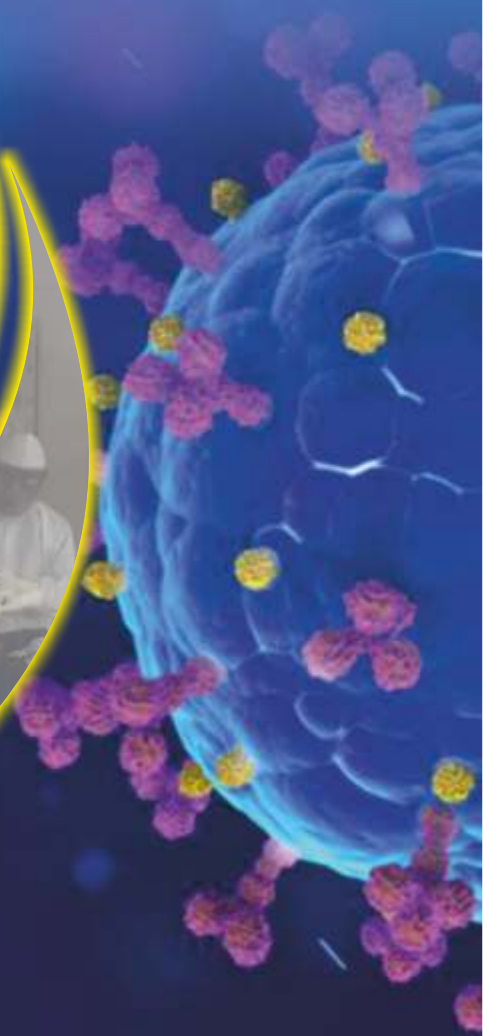


ਸ਼ੁਥ ਕਰਮਨ ਤੇ ਕਬਹੂੰ ਨ ਟਰੋਂ



*We are grateful to
our students and alumni
for being the frontline warriors
in war against covid-19 pandemic.*

Proud of you all



HEALTH JYOT

Editorial Board

Mrs. Manvinder Kaur (Patron)

Mrs. Ravneet Kaur (Editor)

Phone: 0172-2791874

Website: www.sggscop.org

Email: sggscop_26@yahoo.co.in